

WILTSHIRE COUNCIL SALISBURY AREA BOARD 11<sup>th</sup> JANUARY 2018

# Salisbury Area Board - Health & Wellbeing Group Update

# 1. Purpose of the Report

- 1.1. To update the area board on the outcome of discussions at the last Health and Wellbeing Group (HWG) meeting (see appendix 1).
- 1.2. To confirm support for the HWGs funding recommendation.

# 2. Background

- 2.1 Councillors will need to be satisfied that Health and Wellbeing Groups awarded in the 2017/2018 year are made to projects that can realistically proceed within a year of it being awarded.
- 2.2 Councillors will need to be assured that carers, older and/ or vulnerable people will benefit from the funding being awarded. The money must be used to invest in projects that will support adults living within a community area. While not exclusively restricted to older people, the investment should be made in such a way as to make the maximum impact on health and wellbeing within a given community area.
- 2.3 Councillors will need to ensure measures have been taken in relation to safeguarding older and vulnerable people.

### 3. Environmental & Community Implications

Health and Wellbeing Funding will contribute to the continuance and/or improvement of cultural, social and community activity and wellbeing in the community area, the extent of which will be dependent upon the individual project.

### 4. Financial Implications

Financial provision had been made to cover this expenditure

- 4.1. Salisbury Area Board was allocated £6700 at the beginning of 2017/18
- 4.2. The Salisbury Area Board Health and Wellbeing Funding balance for 2017/18 is £2,203.
- 4.3. All decisions must fall within the Health and Wellbeing Funding allocated to Salisbury Area Board.

# 5. Applications for consideration

5.1 Councillors considered the bid listed below and included in full at appendix 2 at the 12<sup>th</sup> December meeting, and the outcome of the HWG discussions of these bids is now listed below:

Applicant	Amount requested	Recommendation
Juno Theatre – Salisbury Tales project	£800.00	Funding to be contributed from the Health & Wellbeing Group budget

Karen Linaker, Community Engagement Manager, 01722 434697

# Key points from 12th December HWG meeting

Attendees; John Walsh, Katy Gillingham, Jonathan Plows, Irene Kohler, Susan Gooding, Andrew Day, Pippa Webster, Anne Trevett, Karen Linaker

# 1. Juno Theatre Grant Application

The majority view of the group was to support a recommendation of a grant for £800 for this project, subject to all other funding sources for the project being secured first

### 2. Update from 'access to info / info sharing sub group' (see attached)

- a) The group was asked to record its thanks to the private donor who had funded a publication recently put together by a member of the group in partnership with Salisbury Medical Practice – "A simple guide to dementia support services in and around Salisbury 2017".
- b) All Community Engagement Managers were producing a list of all groups, clubs and positive activities on offer for older people in each of their community areas. Karen has produced the version for Salisbury. The group felt that this would be a useful tool for many groups and services in Salisbury, and that it should be circulated electronically and in hard copy to GPs, library, churches and other places in the city. Karen will also publish this on the Our Community Matters website.
- c) Age UK was launching a new Wellbeing Service in the new year that will see volunteers working one to one with older people who are needing help to link in with and re-engage in social or other health and wellbeing related activities locally.
- d) The group would like to run an event during Volunteers Week in June 2018 for all volunteer organisations in Salisbury, with the aim of increasing the numbers of volunteers available to help agencies locally, to help those agencies through tailored networking opportunities, and to celebrate the good work that so many volunteers already do in Salisbury. Karen was asked to ensure that Community First were involved. Pippa, Irene, Jonathan, John, Suzanne and Karen will work up a plan for this early in the new year. The group would like to see if this event could also attract new volunteers to help older people / vulnerable adults with digital engagement (the info sub group feel that the first focus on this should be helping people apply for Universal Credit.)

- e) The group will email Karen with their list of outlets and places in the city where it is felt hard copies of material, such as leaflets/flyers for events, groups and activities, and directories such as that referred to in (a) and (b) above should be placed.
- f) The group would like to see more volunteers helping as digital champions Karen to produce a landscape of all that is currently on offer, e.g. library, Bemerton Heath Centre, Barclays Bank, 2 existing digital champions, so that we can scope what more is needed and where
- g) Karen to ensure that all HWG members were aware of the Our Community Matters website and signed up to the Friday newsletter facility.
- h) Karen updated that the good example being shown by Salisbury Medical Practice in terms of Katy's role of Social Navigator (linking GP patients / visitors to the medical practice to advice and services in the city that is of benefit to their health and wellbeing) was being looked into by the 'access to info sub group' as a model that might be replicated to other GPs and as one that could be used in other places, i.e. churches, libraries, community hubs etc. Karen updated that Wiltshire Council were developing a business case for a new Local Area Co-ordinator role, which would provide similar facets to that of the Social Navigator role, and that this would hopefully be piloted in the new year, subject to funds being available for the post.
- i) The group felt it the right time to review its current membership, to ensure that all who needed to be engaged in the Health & Wellbeing group were. Also, the group felt that at its first meeting of the new year, it should set a number of themes for each of its meetings in 2018.
- j) The group were keen to receive an update on the development of the Salisbury Dementia Action Alliance (DAA), and noted that an invitation to the 25<sup>th</sup> January 2018 DAA Forum would serve to provide them with that update. Invitations would be despatched in early January. Karen to send all HWG members a copy of the DAA Steering Group's action plan.

3. **Next Meeting Date:** 20<sup>th</sup> February, 6pm

#### **Update from the Information Sharing Sub Group**

Members: John Walsh, Irene Kohler, Suzanne Wigmore, Susan Gooding, Katy Gillingham, Chris Cochrane, Jonathan Plows, Karen Linaker

- (1) The Dementia information guide is a good model produced independently of the HWG, and we are interested to see how it is received, used and developed in the future. A request was made for the guide to include a feedback sheet to help with its ongoing responsiveness to user need (Action: Susan and Anne to be asked to consider this)
- (2) Whilst recognising Wiltshire Council and other organisation's policy preference to offer information, support and guidance on services and community support through mainly online methods, the group felt that there were examples where paper based support was necessary
- (3) Action: Community Engagement Managers have been asked to produce a spreadsheet which lists all local community groups, associations, and other activities following the model developed by the Royal Wootten Bassett Older Person's Champion (see attached). This is an example of where this data will be made available online, but can also be re-produced as a paper copy to those requiring it
- (4) Salisbury Medical Practice is a great example of a practice where paper material is on offer promoting services, cafes, activities, agencies etc on a whole range of issues. This material requires daily review and rotation to ensure it is providing what users require and matches their needs. The practice has been fortunate to have secured funding for a Social Navigator post (Katy), whose role it is to ensure this material, alongside the practice's cafes, are well promoted and managed. This type of role is recognised as crucial to patients needing to start the difficult path of establishing where they go and what they do, on being diagnosed with a particular medical condition, and crucial to those continuing to manage existing conditions to ensure they can live as well as possible. This role also is crucial in connecting with those who are suffering from loneliness and isolation to help them connect with something e.g. a group or hobby, to halt the decline of their health and wellbeing.

Action: The group felt that the Social Navigator role was one that merited further examination, with a view to seeing how this role might be facilitated in other GP surgeries in Salisbury. Karen will discuss this with Sharon Burgess, Manager of Salisbury Medical Practice to see how this can be taken forward.

- (5) Action: A list is needed of all places / portals where it is felt that paper based material (such as the one referred to in 3 above) could be placed and hopefully continue to be renewed and made to be of use to older people and vulnerable adults, e.g. care homes, warden assisted residences, GPs, churches etc
- (6) Action: increase the number of digital champions in Salisbury, to help those who are willing to access information online but are unsure how to. As an example Karen to make contact with U3A contacts, youth group contacts, and others who are known to be social media/IT savvy to see if they would be prepared to help as digital champions or as volunteers to assist with targeted

- approaches, i.e. where we would encourage a church, shop or other premise to run sessions for people to come and access digital support and training
- (7) <u>Action</u>: work with BID to see if there is a business in the city willing to trial the first Techy Tea Party
- (8) Action: develop a role description for an Information Champion responsible for work similar to that of a Social Navigator for GPs, i.e. to be the one to ensure printed material is continually reviewed/refreshed in those places and portals to be listed in action 5 above. This role to especially have regard to the equalities agenda, i.e. to prioritise the needs of those from the city's harder to reach groups or those with additional needs
- (9) Action: ask for an update regarding Your Care, Your Support to ensure all work listed above is carried out in sync with plans to redevelop this site